

# WHERE ARE YOU NOW?

Where do I want to be and/or what goal(s) would I like to achieve over the next period of time?

In one month

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In three months

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In six months

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What action steps are you willing to take today to begin moving toward these goals?

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What is on my bucket list to accomplish during these times?

In one month \_\_\_\_\_

In three months \_\_\_\_\_

In six months \_\_\_\_\_